

Post Operative Instructions- Temporary Veneers

The following post operative advice is intended to address potential questions or concerns you may have following your Veneers appointment. Should you have any further questions that have not been mentioned below please do not hesitate to contact our office.

- * During the first several hours after your dental appointment it is best to avoid eating or drinking, particularly anything hot. Your mouth will be numb from the dental anesthetic and this poses a risk of harm to your tongue and lips as a result of temporary loss of sensation.
- * The gum area surrounding the tooth may be tender due to the use of the laser gum therapy or retraction cord. This should subside rather quickly. Warm salt water rinses are encouraged to help expedite the healing process.
- * While the temporary veneers are in place, care should be taken to avoid biting into anything. It is preferable to cut food into pieces to avoid fracturing the temporaries.
- * Regular brushing is encouraged; however flossing is not advised until the final veneers are placed.
- * Temperature sensitivity may be experienced until the final veneers are placed, this will subside when the definitive veneers are placed. Medications such as Advil or Tylenol may be taken to alleviate any associated sensitivity or pain. Please consult your physician prior to taking any new medications. If sensitivity persists please contact our office for further advice.
- * If necessary a syringe will be provided. The dentist may choose to provide an antibacterial solution or instruct you to fill with warm salt water and gently bathe the gums area of the teeth that are being treated.
- * Temporary Veneers may loosen or fracture. In the event of this, please contact our office to arrange and appointment to re-cement.
- * If you require any additional information or have any concerns, please do not hesitate to contact our office at 416-224-0677.