



Definitive Veneers - Post Operative Instructions

Congratulations! You have been completed the final phase of your treatment. Today your new porcelain restorations have been placed and you have a beautiful new smile!

You may experience some discomfort over the next few days. Your gums will be sore and your teeth may be temperature sensitive. This sensitivity is normal and should subside in a few days. Each patient's will vary with the sensitivity they experience. We have found that this initial discomfort is easily relieved in most cases by taking 600mg of ibuprofen every 6 hours as needed----not to exceed 3200mg in a 24 hour period.

It is extremely important to keep your teeth and gums healthy. You must adhere to your recommended schedule of professional hygiene visits and have regular dental examinations by your doctor. Porcelain veneers and/or crowns do not stop you from getting decay or having health issues with your gums.

You will want to maintain your veneers just as they were your normal teeth. You can brush and floss as usual. Take care of your investment! They are beautiful and you want them to last a very long time!

DON'T:

- Open anything using your teeth
- See another dental hygienist or dentist without consulting your current dentist

DO:

- Be cautious with your teeth. Even natural teeth can break when abused.
- Enjoy your new smile! Show them off! They look great!

If you require any additional information or have any concerns, please do not hesitate to contact our office at 416-224-0677.