

Post Operative Instructions – Onlay/Crown

The following post operative advice is intended to address potential questions or concerns you may have following your dental restorative appointment. Should you have any further questions that have not been mentioned below please do not hesitate to contact our office.

- * During the first several hours after your dental appointment it is best to avoid eating or drinking, particularly anything hot. Your mouth will be numb from the dental anesthetic and this poses a risk of trauma to your tongue and lips as a result of temporary loss of sensation.
- * The gum area surrounding the tooth may be tender due to the use of the rubber dam, retraction cord and/or laser gum therapy. This should subside rather quickly. Warm salt water rinses will help expedite the healing process.
- * Temperature sensitivity is a common symptom over the first few days. Medications such as Advil or Tylenol may be taken to alleviate any associated sensitivity or pain. Please consult your physician prior to taking any new medications. If sensitivity persists please contact our office for further advice.
- * Once the freezing has dissipated, your bite may feel like it doesn't feel balanced or you may experience sensitivity while eating. If you were missing the filling in that tooth for a period of time it may take one or two days to adjust, however if this is not the case the bite may need to be adjusted. Although we make every effort to ensure the bite is correct when you leave the office, in some cases it may need to be refined. Please contact our office as soon as possible to arrange a quick adjustment.
- * If your onlay or crown is loose and has come off which can sometimes happen, please do not panic. You can use any type of regular toothpaste to temporarily put the onlay/crown back on the tooth, or you can put it in a safe place, and contact our office. Until you are able to come into the office to have the onlay/crown put back on, if you have not already done so, try not to chew in that area.

If you require any additional information or have any concerns, please do not hesitate to contact our office at 416-224-0677.